

Tuba Lesson Aug 22

1. 10am
 - a. Introduction
 - i. Name
 - ii. I play a 186 CC 5 valve Miraphone Tuba
 - b. Types of tubas
 - i. BBb, CC, Eb & F tubas.
 - ii. Sousaphones – my first tuba.
 - iii. They all read none transposing bass clef.
2. 10:02am
 - a. BBb Tuba Warm Ups
 - i. #1
 - ii. #2
3. 10:05am
 - a. Long Tones
 - i. One note, one breath with a chromatic tuner
 - ii. Maintain the same oral presser in your mouth while playing
4. 10:06am
 - a. BBb Overtone Series – Partial 1-8
 - i. 5th overtone is flat, but can be adjusted by the tuning slide or lip up the pitch
 - ii. 7th overtone is very flat and is used, but good to use in higher lip slurs in building range.
5. 10:08am
 - a. Lip Slurs
 - i. #1
 - ii. #2
6. 10:10am
 - a. Scales
 - i. Major Scale
 - ii. Natural Minor Scale
 - iii. Harmonic Minor Scale
 - iv. Chromatic Scale
7. 10:12am
 - a. BBb Tuba Articulation Edudes
 - i. #1
 - ii. #2
8. 10:14am
 - a. Breathing Exercises
 - i. Building Capacity
 - ii. Building Air Control
 - iii. Relaxed throat
 - iv. Seek a quick breath through the nose

v. Building Efficiency

9. 10:15am

- a. Tuba Practice Tips
- b. Tuba Mouthpiece Exercises
 - i. To mimic the same back pressure, use a one foot long $\frac{3}{4}$ plastic garden hose or partially cover the end of the mouthpiece with your little finger.
 - ii. Something is not working, buzz it on your mouthpiece first.

10. 10:18am

- a. Tuba Equipment and Cleaning Materials

11. 10:20am

- a. BBb Warm Downs
 - i. #1
 - ii. #2
- b. Tuning
 - i. Slide adjustments

12. 10:25am

- a. Get Inspired
 - i. Move from one inspiration to the next
 - ii. Keep yourself focused and inspired
 - 1. Go listen to professional tubist
 - a. Soloist
 - b. Orchestral
 - c. Concert Bands
 - iii. YouTube Favorites
 - iv. Go to a TubaChristmas
 - 1. T.U.B.A. (for dates and locations)

13. 10:29am Closing comments